

8th Conference of the European Network for Positive Psychology

28 June - 1 July 2016, Angers, FRANCE

Anticipated attendance: 1000 delegates

Delegate profile: Researchers and practitioners working positive psychology

Conference code: ENPP15

Meeting website: <http://www.enpp.eu/>

Exhibition address:

Angers

France

Exhibition overview

The European Network for Positive Psychology (ENPP) is a collective of European researchers and practitioners with shared interests in the science and practice of positive psychology. The objective of positive psychology is to understand and build the strengths and virtues that enable individuals and communities to thrive.

Positive psychology is founded on the belief that people want more than an end to suffering. People want to lead meaningful and fulfilling lives, to cultivate what is best within themselves, to enhance their experiences of love, work, and play.

Positive Psychology has three central concerns: positive experiences, positive individual traits and positive institutions.

- Understanding positive emotions entails the study of contentment with the past, happiness in the present, and hope for the future.
- Understanding positive individual traits consists of the study of the strengths and virtues: the capacity for love and work, courage, compassion, resilience, creativity, curiosity, integrity, self-knowledge, moderation, self-control, and wisdom.
- Understanding positive institutions entails the study of the strengths that foster better communities, such as justice, responsibility, civility, parenting, nurturance, work ethic, leadership, teamwork, purpose, and tolerance.

Some of the goals of positive psychology are to build a science that supports:

People flourishing

People's engagement

People's strengths

Deadline details

Exhibition shipping address for late entries

Publishers who miss the display materials deadline date need to send their material directly to the exhibition:

Please [contact Wisepress](mailto:marketing@wisepress.com) (marketing@wisepress.com) for full shipping details.